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## Schedule of Events

The RPM 201 training course will be held Tuesday, May 21 through Thursday, May 23, 2019 at the EPA Region 10 office in Seattle, Washington. The training begins at 8:30 a.m. and ends at 3:00 p.m. Please plan your flights accordingly.

The EPA Region 10 office is located at:  
1200 Sixth Avenue  
Seattle, Washington 98101

Please note: The training will be held at the EPA Region 10 office in Seattle, Washington; a sleeping room block has been established at The Crowne Plaza Seattle Downtown Hotel which is located approximately 250 feet from the EPA Region 10 building. For those driving to the training, paid parking is available in the EPA Region 10 building (Park Place building) with preferred stalls available for alternative fuel vehicles.

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## Crowne Plaza Seattle-Downtown

Crowne Plaza Seattle-Downtown  
1113 6<sup>th</sup> Avenue  
Seattle, Washington 98101  
Phone: (206) 464-1980

For additional information about the Crowne Plaza, visit:  
<http://www.crowneplaza.com/hotels/us/en/seattle/seadt/hotel/detail>.

A block of rooms has been reserved at the Crowne Plaza in Seattle, Washington. The lodging rate is the prevailing government rate of \$189 per night plus tax. Included in the group rate is complimentary wireless Internet.

Reservations need to be made by **Friday, April 19, 2019**, to receive the group rate.

To reserve your room by telephone, please call the Group Reservations office at 1-877-410-2551. You need to mention that you are reserving under the “**EPA CEC RPM 201 Seattle**” room block to receive the negotiated lodging rate.

To reserve your room online, please visit: <http://bit.ly/epa052019>.

You are responsible for cancelling your hotel reservation if you cannot attend. **The Crowne Plaza requires a notice of cancellation by 6 p.m. local time, 72 hours prior to the day of your scheduled arrival.** If you fail to provide notice, one night's lodging and tax will be charged to your credit card.

Hotel check-in begins after 3:00 p.m., and check-out time is at 12:00 p.m.



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## What to Pack for the Seattle Area

Temperatures range from 50°F at night to 65°F during the day. Please be advised that the temperatures in the training room do not reflect temperatures outside. Be sure to pack a jacket or sweater to wear while you attend the training.

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## Dining

The Crowne Plaza offers a full-service, onsite restaurant and lounge, Regatta Bar and Grille, serving a variety of food and drink options. The Regatta Bar and Grille is open daily for breakfast, lunch and dinner from 6:30 a.m. until 1:00 a.m.

The Crowne Plaza is also within walking distance to the historic Pike Place Market which offers more than 50 restaurants to choose from.

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## Health, Fitness and Recreation

The Crowne Plaza offers several amenities, including a 24-hour fitness center with treadmills, ellipticals, life cycles, stationary bikes, and free weights.

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## Travel Information

The Seattle area is served by Sea-Tac International Airport (SEA). SEA is located approximately 15 miles from downtown Seattle, Washington. Additional information for SEA is available at <http://www.portseattle.org/Sea-Tac/Pages/default.aspx>.

Seattle, Washington is in the Pacific Time Zone.

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## Ground Transportation

**Public Transportation:** The Seattle Central Link light rail provides access to downtown Seattle from SEA airport. Trains leave SEA every 15 minutes and the ride is approximately 55 minutes each way. Fares are \$2.75 one-way. The Crowne Plaza is located near the University Street Station – Bay A stop.

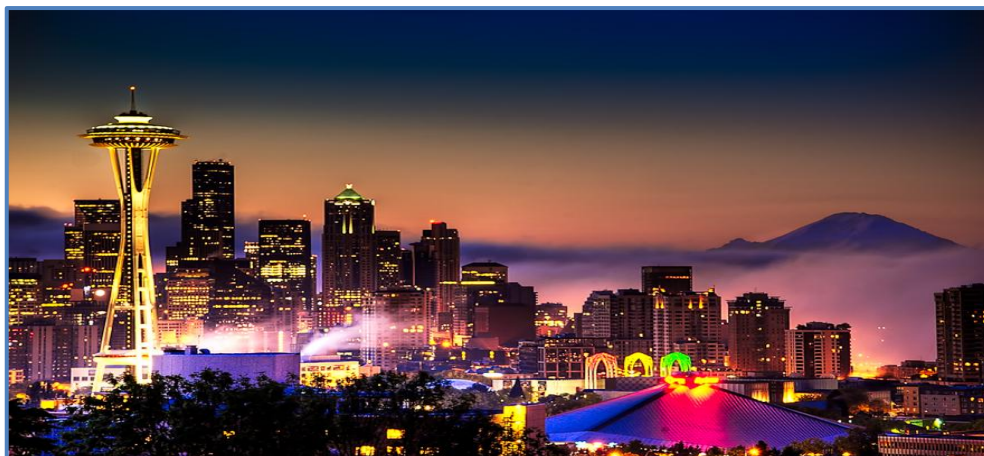
Additional information about the Seattle Central Link is available at <http://www.soundtransit.org/Schedules/Central-Link-light-rail>.

Directions from SEA to the Crowne Plaza using the Central Link:

- ❖ At SEA follow signs for Light Rail to Seattle.
- ❖ Exit at the University Street Station Bay A stop (this stop is approximately a 9-minute walk to the hotel).
- ❖ From the University Street Station Bay A stop, walk northeast on University Street towards 6<sup>th</sup> Avenue.
- ❖ Please note the walk northeast on University Street is on a significant grade.
- ❖ Turn right on 6<sup>th</sup> Avenue and the hotel will be on your right at 1113 6<sup>th</sup> Avenue.

**Taxi:** Taxi fare between SEA and the Crowne Plaza is approximately \$40 each way, not including gratuity. Parking is available at the hotel for \$41 per night.

**Shuttle Service:** Various shuttle services provide transportation from SEA to The Crowne Plaza. For shuttles from SEA, please visit: <https://www.portseattle.org/sea-tac/ground-transportation/shuttles>.



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## Walking Directions to EPA Region 10 office from the Crowne Plaza Hotel

Approximately 250 feet, 1 minute

- ❖ Exit the hotel on Seneca Street heading towards Sixth Avenue.
- ❖ Make a left on Sixth Avenue.
- ❖ EPA Region 10 will be located on the right at 1200 Sixth Avenue (Park Place Building).

