



Federal Green Challenge Symposium

Including the Champions of Environmental Leadership and Green Government Awards

October 1st, 2008 at the University of Washington's Center for Urban Horticulture
Guide to enjoying your stay in Seattle while minimizing your carbon footprint!

Here you will find:

- Travel information
- Hotel information
- Symposium information
- Navigation tips
- Site seeing links

For more information on visiting and navigating Seattle, please visit EPA's region 10 "Visiting Our Office" webpage at:

<http://yosemite.epa.gov/r10/extaff.nsf/webpage/Visiting+Our+Offices?OpenDocument>

Traveling to Seattle for the symposium

The symposium is being held at the University of Washington's Center for Urban Horticulture. The center is located at: 3501 NE 41st St., Seattle, WA 98195.

- Consider alternate methods of transportation in place of driving and flying. Do you live in an area near railroad service? Traveling by train contributes less per passenger mile to greenhouse gas emissions than either cars or airplanes.
- Consider carpooling. Who else is coming from your facility? Travel with them in a fuel efficient vehicle. If you have a small number of people attending and can accommodate more or if you cannot find anyone else in your facility attending the meeting, contact Alice Drury (drury.alice@epa.gov). Send her information on:
 - If you are a driver or a passenger
 - Where you will be traveling from
 - When you plan on arriving to the symposium
 - If you will be spending the night
 - How many nights you will be stayingAlice will connect you with others with a similar journey.
- Consider attending the meeting at a remote hub site via videoconferencing. Region 10 is working hard to provide this service for the Federal Green Challenge symposium. There will be three hub sites, one in Oregon, Idaho, and in Alaska. The specific locations will be announced.

Getting to the hotel

The Marriott Lake Union Downtown Seattle Courtyard is located on South Lake Union and is energy star certified. There are blocks of rooms available on September 30th and October 1st for you to reserve under “Federal Green Challenge Symposium”. The government rate is \$152 a night. There will be shuttle services available for travel to and from the symposium from this hotel. **Please make your reservation by September 9th.**

Marriott Lake Union Downtown Seattle Courtyard
925 Westlake Ave N
Seattle, WA 98109
1 (800) 321-2211
<http://www.courtyardlakeunion.com/>

If you come by air: Take Metro Bus Route 194 (express) to the Westlake station in downtown Seattle. The 194 runs every 15-20 minutes on weekdays. From downtown you can exit the bus tunnel to the street level and take the Seattle Streetcar to the hotel on Westlake on Lake Union.

If you come by train: Coming from the Amtrak/Sound Transit King Street Train Terminal (4th and Jackson Metro “island” stop), there are several buses to take to the Westlake station and then continue to Lake Union by Streetcar. The bus ride is free. Take a 7, 11, 26, 28, 36, 39, 42, 43, 49 or enter the bus tunnel at the International District Station (between 4th and 5th Avenues at Jackson street, just east of the train station) to the Westlake station. From the Westlake station you can take the Seattle Street Car.

The Marriott Lake Union Downtown Seattle Courtyard is located about 5 miles from the University of Washington Center for Urban Horticulture. To find other hotel options, please visit The City of Seattle website links to hotel directories. Find this information at: <http://www.seattle.gov/html/visitor/stayeatshop.htm>

The Symposium

The Federal Green Challenge team is striving to create minimal waste and impact at the Federal Green Challenge Symposium. There will be video conferencing to reduce travel to the symposium and it will be a zero waste event. There will also be shuttle service available to and from the meeting from the hotel. Please use this service rather than driving personal vehicles to reduce car trips. At the symposium, please use a reusable or provided compostable drink containers, and use provided scratch paper.

How can you get around town?

Seattle is easily navigable without having to rent a vehicle. Explore the metro king county bus routes at-

- <http://transit.metrokc.gov/>

Visit Seattle's transportation site at:

- www.ci.seattle.wa.us/transportation/

Enjoy Seattle's sites

Visit Seattle's Convention and Visitors Bureau at:

- www.visitseattle.org